



Dear Parents, Guardians and Community Members,

The objective of the Name of School nutrition program is to provide nutritious breakfasts/snacks to all our students with the goal of supporting a healthy learning environment. The program is “universal”, meaning nourishment is offered to all children, there is no cost to participate, and the program is supported by the school environment. But most of all, this program is volunteer driven, and we need your help.

Please consider the kind of contribution you may be able to provide. Whether you can volunteer as little as an hour per week preparing meals, or provide a small monetary contribution to help Name of School continue to offer nutrition programs for the children in our school community.

If you are interested in helping out and having fun, please complete and return the bottom portion of this page to the school. You are invited to contact the school with any questions you may have. Insert volunteer coordinator information if desired.

Choose one preferred day:

Monday    Tuesday    Wednesday    Thursday    Friday

Choose a task:

- |   |  |
|---|--|
| <input type="checkbox"/> Prepare the monthly menu                 | <input type="checkbox"/> Assist in the weekly grocery shopping |
| <input type="checkbox"/> Prepare/Deliver <u>Breakfasts/snacks</u> | <input type="checkbox"/> Complete monthly reports              |
| <input type="checkbox"/> Assist with special events as needed.    |  |

I am available to take on the responsibilities that I have indicated above:

\_\_\_\_\_  
Signature of Volunteer

\_\_\_\_\_  
Phone Number

All Human League Association nutrition programs are offered free of charge to all children who wish to participate. Should you wish to make a donation please forward your contribution to the address listed below. Tax receipts will be given to donations over \$10.00 dollars.

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**“Here to help.”**

**Mailing Address:** 471 Ontario Street, Sudbury ON, P3E 4K4

**Phone:** (705) 670-8633

**Fax:** (705) 670-8674

**Website:** www.humanleague.on.ca

**E-mail:** humanleague@bellnet.ca

Registered Charity # 89307 2785 RR0001